



**kinetacare**  
**2418 E. Bridge St. Brighton, CO 80601**  
**Phone: (303) 655-8699 Fax: (303) 655-8698**

d – Do you smoke? \_\_\_\_\_ Do you drink alcohol? \_\_\_\_\_

e – How many days a week do you exercise? \_\_\_\_\_

f – How would you rate your health?      Excellent    Good    Fair    Poor

g – When was the date of your last complete physical? (Month/year/physician) \_\_\_\_\_

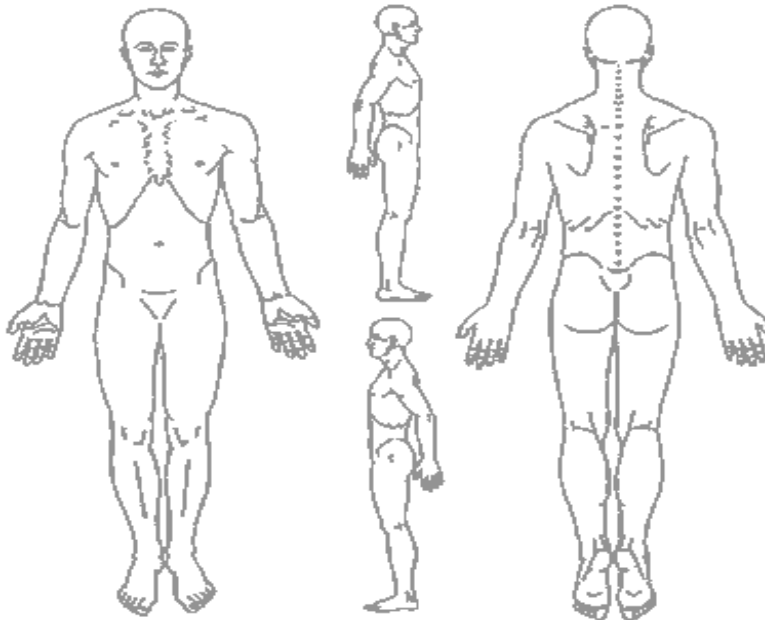
Please rate your pain on a scale from 0-10, 0 being none and 10 being maximum pain you could experience.

Today: \_\_\_\_\_ Best: \_\_\_\_\_ Worst: \_\_\_\_\_ Worse am / pm with movement / being stationary

Activities that cause you pain: \_\_\_\_\_

Mark areas on the drawing below where you feel the described sensations using the appropriate

symbols. Include all affected areas.  
Dull Ache ( \* )  
Stabbing ( / )  
Numbness ( X )  
Pin/Needles ( + )  
Burning ( O )



**Current condition(s)/chief complaint(s):**

a - When was the onset of your problem/injury? \_\_\_\_\_

b - Was this condition related to an auto or work accident? \_\_\_\_\_

c - Describe the problem(s) for which you seek therapy? \_\_\_\_\_

d – Are the problem(s) getting better, staying the same or getting worse? \_\_\_\_\_

e – How did the problem(s) begin? \_\_\_\_\_

f - Have you had this problem before? \_\_\_\_\_

g- What usual daily activities are being affected? \_\_\_\_\_

h- What are your goals for therapy? \_\_\_\_\_

i - Have you or are you seeing anyone else for the problem(s) \_\_\_\_\_